

# February 2015

Mon	Tue	Wed	Thurs	Fri
<p>2 Salisbury Steak</p> <p>10:00 Osteo Exercise</p> <p>1:00 Painting</p>	<p>3 Roast Pork</p> <p>12:30 Quilting/ Needle Work</p> <p>Carrot Cake Day</p> 	<p>4 Shepherd's Pie</p> <p>9:30 Tai Chi</p> <p>1:00 Fun Cards</p> 	<p>5 Veal Patty</p> <p>9:00 Aerobics</p> <p>10:00 Osteo Exercise</p>	<p>6 Grilled Chicken Sandwich</p> <p>9:00 Cribbage</p> 
<p>9 Meatloaf</p> <p>10:00 Osteo Exercise</p> <p>1:00 Painting</p>	<p>10 Chicken ALA King</p> <p>Birthday Celebration</p> <p>12:30 Quilting/ Needle Work</p>	<p>11 Beef Burgundy</p> <p>9:30 Tai Chi</p> <p>1:00 F.O.G.E Ice Cream Social &amp; Entertainer John Root At Senior Center</p> <p>(No Fun Cards)</p>	<p>12 Grilled Chicken Teriyaki</p> <p>9:00 Aerobics</p> <p>9:00 Foot Care by Appt.</p> <p>10:00 Osteo Exercise</p> <p>11:30 Blood Pressure Clinic</p>	<p>13 Baked Ham</p> <p>9:00 Cribbage</p> <p>Valentine's Party</p>  <p>1:00 Movie "Else &amp; Fred"</p>
<p>16 President's Day No meals served</p> 	<p>17 Chicken Nuggets</p> <p>Brown Bag pick up After 11:00 a.m.</p> <p>12:00 Mardi Gras Party</p> <p>12:30 Quilting/ Needle Work</p>	<p>18 Macaroni &amp; Cheese</p> <p>9:15 C.O.A. Board Meeting @ Safety Complex</p> <p>9:30 Tai Chi</p> <p>1:00 Fun Cards</p>	<p>19 BBQ Pork Chop</p> <p>9:00 Aerobics</p> <p>10:00 Osteo Exercise</p>	<p>20 Salmon</p> <p>9:00 Cribbage</p> 
<p>23 Beef Mac &amp; Cheese</p> <p>10:00 Osteo Exercise</p> <p>1:00 Painting</p>	<p>24 Chicken Filet</p> <p>11:30 Hearing Clinic</p> <p>12:30 Quilting/ Needle Work</p> <p>Tortilla Chip Day</p>	<p>25 Lazy Stuffed Peppers</p> <p>9:30 Tai Chi</p> <p>1:00 Fun Cards</p> 	<p>26 Roast Turkey</p> <p>9:00 Aerobics</p> <p>9:00 Foot Care by Appt.</p> <p>9:00 Newsletter Assembly</p> <p>10:00 Osteo Exercise</p> <p>11:30 Blood Pressure Clinic</p> <p>1:00 Wii Bowling Tournament</p>	<p>27 Special Lunch</p> <p>9:00 Cribbage</p>  <p>1:00 Movie "Enough Said"</p>

All you Wii Bowlers out there don't forget to sign up for our tournament on Thursday

February 26, 2015

@ 1:00 pm



We are looking for cribbage players for our Friday morning group.

Come in and have some fun.

9:00 am –noon

Coffee and baked goods



# February Special Events



## Hearing aid Clinic February 24th

**11:30 a.m.**

**Free service:** Includes small repairs, new batteries and cleanings for all hearing aid brands. Call for your appt. 467-3239

**Come join us for Free fresh coffee and baked goods. All are welcome.  
Daily 9:00am - 11:00am  
wifi and cable TV!**



## February Events

3rd ~ National Carrot Cake day  
11th ~ 12:30 F.O.G.E. Ice Cream Social @ Senior Center  
11th ~ 1:00 pm Entertainer John Root  
12th ~ 9:00 am Foot Care by Appointment  
12th ~ 11:30 am Blood Pressure Clinic (walk in)  
13th ~ 12:30 Valentine's Lunch  
13th ~ 1:00 pm Movie "Else & Fred"  
17th ~ 1:00 pm Mardi Gras Party  
24th ~ 11:30 am Hearing Clinic (walk in)  
24th ~ National Tortilla Chip Day  
26th ~ 9:00 am Foot Care by Appointment  
26th ~ 9:00 am Newsletter Assembly  
26th ~ 11:30 am Blood Pressure Clinic (walk in)  
26th ~ 1:00 pm Wii Bowling Tournament  
27th ~ 1:00 pm Movie "Enough Said"

**February 's Movies are: "Else & Fred" playing Feb 13th starting at 1:00 pm.**

**Starring: Shirley Maclaine and Christopher Plummer (Romantic comedy)**

**Feb 27th "Enough Said " starting at 1:00 pm.**

**Starring: James Gandolfini and Julia Louis Dreyfus**

*Watch your movie in our soft and comfortable arm chairs.*

All are Welcome!!

*Movie & Popcorn is always Free*



## Granby Veterans Memorial

### Pork Loin Dinner

Saturday, February 28th 2015 @ 5:30 pm

At Immaculate Heart of Mary Hall

256 State Street, Granby MA

Menu: Pork Loin, Potatoes, Green Beans, Salad, Dessert and Assorted Beverages. Raffles

Tickets are \$12.00 For tickets Call Jason Richard @ 413-246-9386

or Mike Pandora @ 413-205-6646

You can also get tickets at the Granby Senior center

All proceeds from this event will go to the Granby Veteran's Memorial

Will Deliver, Please let them know when buying your tickets that you need yours delivered.

