

Granby Council on Aging

Lunch Menu

Monday	Wednesday	Thursday	Friday
Served at 11:30 a.m. Monday, Wednesday, Thursday & Friday. All meals served with 1% milk. Catered by WestMass ElderCare.	 1 Tomato Florentine Soup, Crackers, Grilled Chicken Breast, Lettuce, Tomato, Lemon Orzo, Mixed Veg, Clementine 	2 Pork w/creamy garlic sauce, baked potato, sour cream, cali blend veg, Oreo, SF Cookie	3 COLD PLATE Egg salad, german potato salad, carrot raisin salad, hot dog roll, jello w/whip or sugar free jello
6 Pork Chop w/Gravy, Buttered Egg Noodles, Broccoli, Peaches	8 Cheeseburger w/reduced sodium Cheese, Waffle Fries, Brussel Sprout Fresh Fruit	9 *HIGH SODIUM MEAL* Minestrone soup, roast turkey w/gravy, mashed potato, Cookie	10 brocolli cheese stuffed chicken, roasted red potatoes, honey glazed carTots, angel food cake w/ strawberries &cream
13 COLD PLATE Diced Chicken & Cran Salad Macaroni Salad, Green Bean Pimento Salad, Pineapple	15 BUILD YOUR SANDWICH Tuna Salad, Lettuce, Tomato Slices Ziti Broccoli Salad, Cucumber Salad Canned Pears	16 SOUP & BIRTHDAY CAKE Veg barley soup, pot roast & gravy, Meadow blend vegs, birthday cake or angel food cake	17 Selectboard Spring Cook-Out Hamburgers, Hot Dogs, Macaroni Salad, Red Bliss Potato Salad, Fruit Salad, Potatoe Chips, Assorted Drinks Mini Cupcakes
20 Chicken Bruschetta, Broccoli Buttered Shells, Bruschetta Sauce Yogurt	22 HOLIDAY MEAL SPECIAL Hot Dog & Bun, Potato egg salad, Corn of the cob, watermelon	23 Pork loin w/apple gravy, sweet Potatoes, brussel sprouts, applesauce, Oatnut bread	24 Tandori Chicken, Basmati rice, cauliflower, caramelized onion naan, coconut pudding or SF Dessert
27 NO MEAL SERVICE MEMORIAL DAY HOLIDAY	29 SALAD BAR Salad w/romaine, egg, cheese, diced Chicken, bacon, Ranch dressing, Beets, Pineapple	30 BBQ Ribette, Au Grain Potato, Cali blend, cornbread, oreos, s/f cookie	31 Sausage & Cheese Quiche, Broccoli & Red Peppers, Steak fries, Banana