GRANBY COUNCIL ON AGING BOARD MEETING MINUTES

Meeting Date: October 16, 2019

Location: 259-A East State Street, Granby

Members Present: Bill Kmelius – Chair

Bob Camus – Co-Vice Chairperson Beth Isabelle – Co-Vice Chairperson

Lillian Camus – Secretary Barbara Hauschild – Member Carol Morrissette - Member Joyce Polverini – Member Julie Duffe - Member

Absent: Cecilia Laporte – Member

Carol Zebrowski – Member Don Zebrowski - Member

Others: Diane Morgan, Covering for COA Director

Bill Kmelius called the meeting to order at 9:16 a.m. and roll call was taken.

Approval of September 18, 2019 minutes

Bill Kmelius asked if there were any changes to the September 18, 2019 minutes. Add Carol Morrissette to Members Present.

Motion was made Robert Camus seconded by Barbara Hauschild to approve the September 18, 2019 minutes as amended. Motion passed unanimously.

Report from COA Director

Financials will be reviewed by Chloe when she returns from maternity leave.

Flu Clinic

Two Flu Clinics were held at the COA. The first one was at 11:30 a.m. on Thursday, September 19 and the second at 11:30 a.m. on Tuesday, October 15. We had 18 people sign up for the September clinic and 8 for the October clinic.

<u>Unclaimed Funds Presentation</u>

An "Do You Have Unclaimed Funds?" presentation was held at 11 a.m. on Wednesday, September 25. Retired Granby Police Chief Louis Barry gave the presentation. Seven people attended. Mr. Barry was able to get refunds for four of the seven attendees.

Mr. Barry will be back on Wednesday, November 13 at 11 a.m. for an encore presentation.

Tai Chi

Diane noted that Tai Chi will no longer be offered as the instructor is opening up her own place. We're looking for another exercise program along that line.

Mini-Cycle Exercise

Diane reported they are still negotiating with the lady regarding the mini-cycle exercise.

Blood Pressure Clinic

Holyoke Medical Center will offer monthly Blood Pressure Clinics at the COA starting at 11:30 a.m. on November 14. They will be back again at 11:30 a.m. on December 12.

Blood Sugar Clinic

Dianne is looking into possibly offering a blood sugar clinic.

Veteran's Breakfast

The Veterans Breakfast is scheduled for Friday, November 8 at 9 a.m. We will use Hamel's Catering. They will drop off everything at 8:30 a.m. that day. We will do the serving and might need help.

Bingo

The first Bingo session starts today at 1 p.m. About 30 people will be attending.

Healthy Bones and Balance

Diane observed that Healthy Bones and Balance is the best program we have. We always have a great turnout.

Ballroom Dancing

Ballroom Dancing is doing well.

Arts and Crafts

Diane noted that arts and crafts kind of things don't go over as well as the other activities offered.

Lunches

Attendance at the lunches are fairly consistent. Diane noted the volunteers who set up and take care of the lunches work well together and get everything done like clockwork.

Outreach

Diane has been working as our outreach person. She has been working on fuel assistance, tax abatement and arranging services for people.

Old Business:

Thanksgiving Baskets

We are low on some things we need – cranberry, gravy (very low), just about enough potatoes, carrots and corn. Stuffing we have 60 boxes and need 70. Julie Duffe has four bags to drop off from the bank.

Bob Camus will check with Dickinson's to ask if they would donate squash. Diane will check with Neylon Insurance to see if they will be donating potatoes again this year.

The Church of Christ is booked for the assembly. Diane will check with the Eatons who picked up the turkeys from Big Y last year. We don't have the information from the school yet as to how many Thanksgiving baskets they will need. Chloe is in contact with the School.

Barbara Hauschild asked if we have the bags to put all the food in to deliver. The Polish National Credit Union supplied them last year. Beth Isabelle will check with Peoples Bank to see if they have any bags.

Diane will check to see if the Church of Christ is supplying the pies.

Assembly of the Thanksgiving baskets is 9 a.m. on Thursday, November 21 at the Church of Christ. Please let Diane/Chloe know if you plan on helping.

Board of Directors Addition

Don Zebrowski has been approved by the Select Board to be a COA Board members.

New Business

None

Christmas Dinner

Diane Morgan will check with Chloe as to where she is at in the planning process for the Christmas Dinner. Last year it was around December 11 or 12. If it is being held at the Immaculate Heart of Mary Church the space will need to be reserved as soon as possible.

Next Meeting

The next meeting of the COA Board will be held on Wednesday, November 20, 2019 at 9:15 a.m. at the Public Safety Complex.

Adjournment

Motion to adjourn by Robert Camus and seconded by Beth Isabelle. Approved unanimously by all members present and adjourned at 9:48 a.m.

I, Lillian Camus, certify that these minutes are true and accurate minutes of the October 16, 2019 Granby Council on Aging Board Meeting.

Respectfully submitted, Lillian Camus, Secretary